## GOAL PLANNING WORKSHEET



<u>Instructions</u>: Write/type a goal next to "Goal #1" below and complete the boxes in the "Description" chart. Then use the "What's My Progress?" boxes to chart progress toward your goal in the coming months. Note: The "Goal #2" box is optional.

If your goal is going to take longer than three months, consider using "Goal #1" as your long-term goal and "Goal #2" as a goal that can be achieved over the next three months. Short-term goals can help you build momentum.

It's a great idea to structure your goals in a way that shows where you are now and where you want to be by when.

Examples:

- 1. Go from \$500 in savings to \$2,000 in savings by July 1, 2020.
- 2. Reduce debt balance from \$10,000 to \$7,000 by December 31, 2020.

## GOAL #1 (LONG-TERM): WHAT'S YOUR PROGRESS? Where Am I Now? Month #1: Short-Term Steps: Month #2: Why This Goal? Month #3: Your Reward? What If It's Not Met?

## GOAL #2 (SHORT-TERM):

## WHAT'S YOUR PROGRESS?

Where Am I Now?	 Month #1:	_
Short-Term Steps:	 Month #2:	_
Why This Goal?	 Month #3:	_
Your Reward?		
What If It's Not Met?		